

4 Gateways Coaching Certification Training for 2010



Enrolling now for the 2010 Training

**A 8 week program with 2 weekend intensives,
tele-seminars, mentor calls, and structured practice
sessions between weekends.**

(Limited to 8 participants!)

What makes **4 Gateways Coaching and the Training**
unique?

**4 Gateways Coaching is a simple and effective means for
generating transformative experiences for anyone, anytime,
anywhere.**

This **4 Gateways** model creates new possibilities in the moment and provides opportunities to try them out. In the end, you determine how to bring new awarenesses into your inner life, your relationships, your career, and the world.

4 Gateways is a powerful and dynamic process for addressing an enormous variety of issues, conflicts, and dilemmas in our lives.

The model views both our inner and outer life as a source of learning and discovery.

The **4 Gateways** process asks you to step out of your conditioned way of seeing things and to view any issue from four different perspectives. All that you think, feel, do, and know deeply comes alive as a potential resource in dealing with almost any problem.

4 Gateways process teaches you how to: define an issue, get new perspectives, assess the risks to change, make deeper connections, find deeper meaning, and create soulful resolutions for yourself and clients.

For those willing to take the risk, the most liberating and healing thing any of us can do is own our own shadows (those parts of ourselves we project onto others that we don't like about ourselves.)

In this process you will come to trust those shadows as amazing resources.

Our certified coaches have found the 4 Gateways Coaching model easy to access and incredibly valuable in working with individual clients and with groups. We use it to co-coach one another and also find it invaluable when used as a personal meditation.

One of the best things about **4 Gateways Coaching** is that it keeps deepening in power as you add your personal awareness in each quadrant.

I hope you can join me for this exciting collaborative learning experience.

Benefits of this Training program for you and your clients-

- *Learn how to turn any problem into an opportunity**
 - *Increase your confidence in your ability to work with a variety of issues**
 - *Discover how to turn resistance and shadow projection into allies**
 - *Quickly and skillfully work with conflicts**
 - * Find meaning and purpose in any problem**
 - * Generate the motivation to shift old patterns**
 - * Tap into soul wisdom**
 - * Learn to say "no" so you can say yes to what really matters**
 - * Access joy and compassion**
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Structure of the Training - Dates & Times-

Mar 12-14, 2010 – Part 1

Learning the basic model & core philosophy. You will leave being able to practice the model.

May 7-9, 2010 – Part 2

Anchoring the model within. Making shadows into allies. You will be able to work at more refined levels personally and with others. You will find your unique style and be able to integrate this model with other coaching tools.

Each intensive runs from Friday morning at 9AM thru Sunday noon with lunch and evening breaks each day.

Tuition-

\$1600.

Early registration price - \$1395. (If \$300 deposit is received one month before the first weekend intensive.)

Balances are due on Jan 15th. Time payment plans are available.

Part 1 may be taken as a stand alone Program for \$700.

This Training is limited to 8 participants. Please register as soon as possible to assure your participation.

To register and make your deposit, go to

<http://www.livingartsfoundation.com/contact.html>

Click on the Paypal button and enter your payment.

Location-

Boulder, CO - For those coming from out of state, we will provide a list of accommodations. Also, participants of previous Trainings may be able provide lodging options.

For more complete Training information please contact Tom at

303-530-3337 or

tom@livingartsfoundation.com

Faculty-

Tom Daly, Ph.D. is a personal and professional development coach with over 35 years experience in human transformation. He is the founder of 4 Gateways Coaching. He lives in Boulder with his wife, Jude Blitz, and together they are the directors of the Living Arts Foundation, which fosters artful, soulful, and sustainable living. Tom is also co-founder of the Men's Leadership Alliance, www.MensLeadershipAlliance.org. and is a proud father, stepfather, and grandfather.

Jude Blitz, M.A. has been involved in 4 Gateways Coaching since its inception. She is a mentor for the program. jude@livingartsfoundation.com